ABSTRACT

An information recording medium (100) is provided with: a first recording layer (L0 layer) having a first calibration area (103-1) in which test information for calibrating a power of laser light in recording record information can be recorded; and a second recording layer (L1 layer) having a second calibration area (103-2) in which the test information can be recorded and in which at least one portion of a recording area faces the first calibration area, wherein the first calibration area and the second calibration area including a space area (103U-1, 103U-2) having a predetermined size in positions facing each other, the test information is recorded in a recording area (103R-1) located on one side, centered on the space area, in the first calibration area, and the test information is recorded in a recording area (103R-2) located on other side which is opposite to the one side, centered on the space area, in the second calibration area.